

# Impacts of Ableism

It **excludes people with disabilities** from activities and opportunities.



## Ableism:

- leads to unequal treatment.
- benefits those without disabilities.
- views disability as something to “fix”.
- makes incorrect assumptions about what people can or cannot do.

The result? Missed opportunities for contributions from disabled people.



Learn more at **[accessible.novascotia.ca](https://accessible.novascotia.ca)**